

Travel to tohoku for 5 days using Tohoku pass							Food, Hotel, Free Pass	Entrance fee (Individual)	Estimated Travel Time (h:mm)	Travel Fare without JR Tohoku Pass	Using JR Pass Travel fare	Note
DAY	Activities & Time											
<b>Day 1 Zao Ropeway</b>												
A M	4:30	5:30	Home - Ueno Station					1:00	¥230.00	¥0.00		
	6:18	9:45	Ueno station - Yamagata eki mae station					3:27	¥11,880.00	¥0.00		- Reserve a seat before boarding.
P M	10:19	11:01	Yamagata eki mae - Zao Onsen Bus Terminal					0:42	¥5,700.00	not covered		- Ride a bus, buy a ticket for ¥5700 covering back and forth bus ride and ropeway admission fee.
			Ride Zao ropeway and Lunch near Jizo Sancho Station	¥1,200.00				3:59				- Our meal for 1200 good for one.
	11:01	15:00	Zao onsen bus terminal - Yamagata eki mae					1:00		¥0.00		- Payment options is limited. Bring extra cash.
	16:00	17:10	Yamagata eki mae - Sendai Station					1:10	¥1,170.00	¥0.00		- Reserve a seat before boarding.
	17:10	18:40	Dinner near sendai station	¥1,500.00				1:30		¥0.00		
18:50	19:30	Sendai Station to Unizo inn express hotel (Morioka station)					0:40	¥6,590.00	¥0.00			
<b>2nd day Aomori Ken</b>												
A M	6:54	7:54	Morioka Station - Shin Aomori Station					1:00	¥6,650.00	¥0.00		- Reserve a seat before boarding.
	8:02	8:08	Shin Aomori Station - Aomori Station (light breakfast inside the Station)	¥1,500.00				0:06	¥190.00	¥0.00		- meal good for two.
	8:33	9:02	Aomori station - kominato station					0:29	¥690.00	¥0.00		Ride "Aomori railway" line. It is 30 min ride from aomori station to kominato station and a 30 min walk going to Asadokoro Kaigan
	9:02	9:30	Kominato Station - Asadokoro Kaigan 浅所海岸					0:28	¥0.00	¥0.00		
	9:30	10:30	Explore Asadokoro Kaigan		¥0.00			1:00				
	11:09	11:42	Asadokoro Kaigan 浅所海岸 to Aomori Station					0:33	¥690.00			-see live view of the bay. <a href="#">click here</a>
P M	11:42	12:30	lunch near the Aomori Station	¥750.00								-meal good for one.
	12:30	13:35	Nebuta Museum		¥620.00			1:05	¥0.00			
	13:51	16:05	Aomori station - Morioka jo castle ruins					2:14	¥6,980.00	¥0.00		- Reserve a seat before boarding.
	16:05	17:30	Walk around the castle		¥0.00			1:25		¥0.00		
	17:30	17:50	Morioka jo Castle ruins - Morioka station		¥0.00			0:20				
18:00	19:30	Dinner around the Morioka station	¥1,500.00				1:30				-meal good for one.	
<b>3rd day Odate Station (Akita Inu) - Hirosaki Castle</b>												
A M	6:38	7:44	Unizo inn Express Hotel (Morioka Station) - Shin Aomori Station	¥750.00				1:06	¥6,650.00	¥0.00		- Reserve a seat before boarding.
	8:02	9:44	Shin Aomori to Odate Station						¥1,340.00			
P M	9:44	12:30	Tour around odate station, akita dog museum, akita dog visitor center		¥0.00			2:46				
	13:37	14:42	Odate station - Hirosaki station - Hirosaki castle					1:05	¥4,340.00	¥0.00		- Take a taxi for ¥ 1400 going to Hirosaki castle
	14:42	15:35	Tour around Hirosaki Castle									
	16:00	16:57	Hirosaki Station - Shin aomori					0:57	¥590.00	¥0.00		
	17:22	18:20	Dinner Inside Shin Aomori Station					0:58				-meal good for one.
18:25	19:13	Shin Aomori to Morioka station	¥1,500.00				0:48	¥6,650.00	¥0.00			
<b>4th day Joyful Train ride going to Akita</b>												
A M	6:54	7:54	Unizo inn - Shin Aomori Station					1:00	¥6,650.00	¥0.00		
	7:54	13:26	Shin Aomori Station - Akita Station (ride joyful train)	¥1,500.00				5:32	¥2,000.00			- Use Jr Tohoku Pass to book Joyful train. Buy lunch ahead before boarding the train.
	14:14	16:05	Akita Station - Tazawa station - lake tazawa					1:51	¥5,800.00	¥0.00		
P M	16:05	16:30	Enjoy the view					0:25				
	16:50	18:58	lake tazawa - Morioka station					2:08	¥3,200.00	¥0.00		
19:00	20:30	Dinner near Morioka station	¥2,000.00				1:30				-meal good for one.	
<b>5th day Matsushima Bay Sendai</b>												
A M	7:08	7:51	Morioka station - Sendai Station					0:43	¥7,190.00	¥0.00		- Reserve a seat before boarding.
	7:33	8:12	Sendai station - Matsushima kaigan Station					0:39	¥420.00	¥0.00		
	8:12	8:25	Matsushima Station - Yakigaki house ( Matsushima Fish market)					0:13				
	8:30	10:00	Breakfast at Yakigaki house	¥1,000.00				1:30				- meal good for two
	10:00	10:03	Yakigaki house -Matsushima bay area					0:03				
	10:03	11:00	Walk around Matsushima bay	¥750.00				0:57				-light snack good for one.
P M	11:00	11:40	Godaido Temple					0:40				
	11:40	12:00	Buy ticket (Matsushima Bay cruise)		¥1,000.00			0:20				
	12:00	13:00	Sight Seing Cruise					1:00				
	13:00	13:10	Matsushima bay cruise - Fukuura Island					0:10				
	13:10	15:00	Fukuura Island tour		¥200.00			1:50				
	15:00	17:00	Food trip around Matshima bay					2:00				
17:12	17:51	MatshushimaKaigan station - Sendai Station					0:39	¥420.00	¥0.00			
18:21	19:50	Sendai station - Ueno Station					1:29	¥11,200.00	¥0.00		- Reserve a seat before boarding.	
<b>Accommodation fee</b>				Unizo Inn Express 5 days stay	¥25,000.00							
<b>Free pass price</b>				Tohoku Pass	¥30,000.00							
				<b>TOTAL</b>	<b>¥66,250.00</b>	<b>¥1,820.00</b>			<b>¥97,220.00</b>			
				<b>FOOD EXPENSES</b>	<b>¥13,950.00</b>							
				<b>TRANSPORTATION EXPENSES</b>	<b>¥8,100.00</b>							Bus going to Zao Ropeway including entrance fee = 5700yen Taxi going to hirosaki castle = 2400 yen
				<b>GRAND TOTAL</b>	<b>¥76,170.00</b>							
				Saved	¥89,120.00							

#### My Travel Blogs:

Tokyo Disneyland Guide:	<a href="https://traveljournal.biz/tokyo-disneyland-1-day-pass-kd-2022/kd/2022/">https://traveljournal.biz/tokyo-disneyland-1-day-pass-kd-2022/kd/2022/</a>
Tokyo Disneyland Sea snapshots:	<a href="https://web.facebook.com/reel/722818376288315">https://web.facebook.com/reel/722818376288315</a>
Osaka Amazing Pass Guide:	<a href="https://traveljournal.biz/all-about-osaka-amazing-pass/kd/2022/">https://traveljournal.biz/all-about-osaka-amazing-pass/kd/2022/</a>
Enoshima - Kamakura Guide	<a href="https://traveljournal.biz/kamakura-things-to-do/adminwilliam/2023/">https://traveljournal.biz/kamakura-things-to-do/adminwilliam/2023/</a>
Hakone 2 days Itinerary	<a href="https://traveljournal.biz/hakone-2-days-itinerary/adminwilliam/2023/">https://traveljournal.biz/hakone-2-days-itinerary/adminwilliam/2023/</a>

**Hotel: Unizo-Hotel Express**  
<https://www.unizo-hotel.co.jp/en/express-morioka/>

**Note:** Keep yourself warm. Wear a thick jacket.

I hope you find this itinerary helpful.